

**TERM  
4  
2020**

# Prep BOXED LUNCH!



<b>WEEK 1 LUNCH</b>	<b>MONDAY</b> Grilled chicken fajita pita pocket with sour cream, shredded cheddar and crisp lettuce	<b>TUESDAY</b> Farm style steak and vegetable pot pie served with roasted butternut and feta cubes	<b>WEDNESDAY</b> Crispy fried homemade fish goujons with home made tartar dipping sauce and zucchini - parmesan waffles	<b>THURSDAY</b> Roasted chicken and butternut filled savory pancake with coriander cream cheese	<b>FRIDAY</b> Salami, sundried tomato and feta calzone served with homemade marinara sauce
<b>Treat</b>		<i>Grapes and Rice crispy square</i>		<i>Watermelon and dried fruit</i>	
<b>WEEK 2 LUNCH</b>	<b>MONDAY</b> Greek style pulled pork pita pockets, avo tzatziki, sliced tomatoes and rocket	<b>TUESDAY</b> Pan fried roti filled with Cape Malay spiced butter chicken with fresh coriander salsa, yoghurt and lime	<b>WEDNESDAY</b> Mexican beef Quesadilla stack with a black bean and tomato salsa and guacamole	<b>THURSDAY</b> Bacon, leek and potato quiche with home baked cheddar biscuits	<b>FRIDAY</b> Toasted Southern style chicken wraps with homemade mayo and buttermilk ranch dressing, avocado and tomato salsa
<b>Treat</b>		<i>Bananas with coconut</i>		<i>Chocolate brownie and carrot sticks</i>	
<b>WEEK 3 LUNCH</b>	<b>MONDAY</b> Grilled sandwich pocket, filled with seared steak, caramelized onions and homemade garlic mayonnaise	<b>TUESDAY</b> Street food style fully loaded cheese griller hotdog, with chopped salad, cheese and mustard dressing	<b>WEDNESDAY</b> Bbq bacon and chicken kebabs on the braai served with sliced pineapple and a home baked soft bread roll	<b>THURSDAY</b> Cheddar and mozzarella mac and cheese served with savory pumpkin, spinach and feta muffins	<b>FRIDAY</b> Bbq and cheddar Beef burger, topped with pickled cucumber and haystack onions on a toasted burger roll
<b>Treat</b>		<i>Jelly and Custard pots</i>		<i>Strawberries and yoghurt</i>	



**We are trialing a Boxed Lunch delivered to the classroom for Term 4. Suggested menu will be reviewed weekly according to feedback from students.**

PRESENTED BY

