

## **Extra- Murals Monday 29 August to Saturday 3 September**

Our extra-mural programme next week is extremely busy. I have summarized **Monday 29 August – Saturday 3 September** to make things easier to follow. If your son is unsure where he should be, please encourage him to ask his coach. Please check teams for matches and practice times on our online platforms.

### **Monday 29 August**

- 13:10 – 14:30- U 9 I/H hockey
- 14:30 – 16:30 -Soccer Coaches Clinic for all Prep staff
- 14:30 – 15:45 -U12 hockey for selected boys
- 14:30 – 15:45 -U13A hockey practice
- 14:30 – 16:00 -U13A cricket practice
- 14:30 – 16:00 -U12 and 13 rugby 7s practice for selected boys
- 14:30 – 16:00 -U10, 11 7s rugby practice for selected boys
- 14:30- 16:15 - Fencing
- 16:00 – 18:00 -Play practice
- **No other extra-murals**

### **Tuesday 30 August**

- 14:15 – 18:00 -I/H rugby U9,10,11,12 and 13
- 14:30 – 15:15 -Judo continues for boys not involved in I/H rugby
- 14:30 – 15:30 -Cross-country U10 and 11 for boys not involved in Inter-house rugby
- 16:00-18:00- Play practice
- **No other extra-murals.**

### **Wednesday 31 August**

- 14:30 – 16:00 -U12 and 13 7s rugby practice- only selected boys
  - 14:30 – 15:45- U13A hockey practice
  - 14:30 – 16:00 -U13A cricket practice
  - 14:30 -Bosch U10 7s – only selected boys
  - 14:30 -WPPS U11 7s – only selected boys
- Grove Soccer League starts for Bishops**

- 14:40 – 16:30 -Soccer -U10 A to D Fixtures versus Grove, St Georges, Rosebank – teams are loaded onto online platform.
- 14:30 – 16:00 -Soccer practice for U9 and 11
- 14:30 – 15:15 - Judo continues as per timetable
- 16:00-18:00 – Play practice

#### **Thursday 1 September**

- 14:30 – 16:00 -U 9 7s rugby practice – only selected boys
- 14:30 – 15:30 -Cross- country U 9 for boys not involved in 7s
- 14:30 – 16:00 -U10,11 and 13 rugby 7s practice for selected boys
- 14:30 - Wynberg U 12 rugby 7s for selected boys
- 14:30 – 16:30 -Soccer -U13 A to D Fixtures versus Grove, Pinelands, Pinehurst.
- 14:30 – 16:00 -Soccer practice for U 12s
- 16:00-18:00 play practice

#### **Friday 2 September**

- 14:00 -16:00 Bishops- U9 rugby 7s for selected boys
- 14:00 - 15:30 -U12 hockey practice for selected boys
- 14:00 - I/H Squash
- 14:00 - Chess matches
- 16:00-18:00 – play practice

#### **Saturday 3 September**

- 08:00-13:00 -U 11,12 and 13 Sacs rugby 7s for selected boys.