

Dear Parents

The use of mouthguards is compulsory for rugby and hockey. We are once again at the stage where these need to be sorted before the winter season. There are four easily accessible options for Bishops parents.

1. OPRO Bishops branded self-fit mouthguard

- The OPRO mouthguard is a technically advanced mouthguard, offering a unique personalised fit and patented Power-Cage technology.
- At the School Shop ranging from **R200.00 – R350.00**

For more information, please contact the School Shop directly or info@schoolshop.co.za

2. JME custom-fit mouthguard:

JME impressions and fittings of the mouthguards will take place at school during the boys' lunch break. Cost for **single colour**: R720.00 (normal) or R820.00 for orthodontic cases (i.e. with braces). Cost for **2-colour (Blue & White only)**: R830 (normal) or R930 for orthodontic cases

Impressions for mouthguards will be taken on:

Monday 19 Feb 12:30 – 14:00, Jagger Hall (Grade 6+7)
Tuesday 20 Feb 12:30 – 14:00, Jagger Hall (Grade 4+5)
Wednesday 21 Feb 11:30 – 13:30, Jagger Hall (Grade 3)

Booking form is attached.

Please Note:

- Payment must be made by EFT prior to the impression being taken.
- Bishops staff are not involved in the payment and paperwork of the order.
- Proof of payment must be emailed to jmemouthguards@gmail.com
- Boys must bring the completed order form and proof of payment when they arrive for the impression.

3. MAX mouthguard:

- MAX Mouthguards is a Custom-fit mouthguard with a 1-year Limited Dental Warranty.
- You pay **R810** (Full Retail Price R1650 - 50% Discount). Don't forget your spare for R380.
- Order on our website <https://maxmouthguards.co.za/max-teams/> using discount code **bps**.
- Phone 021 683 0273 / 082 076 6222 to make an impression appointment at our lab in Observatory
- You will be notified when to collect your mouthguard.

Impressions for mouthguards will be taken on:

Thursday 22 Feb 12:30 – 14:30, Jagger Hall (Grade 4, 5 & 6)
Tuesday 27 Feb 12:30 – 14:30, Jagger Hall (Grade 3 & 7)

Letter attached.

4. Own Dental Practice

You can also order a mouthguard through your own dentist.

Regards,

Jamie Southgate