



Pre-season water polo 2025

Open to all boys from Gr 3 – 7.

All sessions will be in the Prep school pool with land base training included to focus on developing fundamental skills.



R200 per day

Cash in a labelled envelope please

Thursday 09/10.

08:30 – 10:30

Friday 10/10 .

08:30 – 10:30

Saturday 11/01.

08:30 – 10:30



Not compulsory & has no affect on selection of teams.

Please click on [this link](#) provided in the email to book your place.